IMPORTANT REMINDER

Medical Policies are developed to provide guidance for members and providers regarding coverage in accordance with contract terms. Benefit determinations are based in all cases on the applicable contract language. To the extent there may be any conflict between the Medical Policy and contract language, the contract language takes precedence.

PLEASE NOTE: Contracts exclude from coverage, among other things, services or procedures that are considered investigational or cosmetic. Providers may bill members for services or procedures that are considered investigational or cosmetic. Providers are encouraged to inform members before rendering such services that the members are likely to be financially responsible for the cost of these services.

DESCRIPTION

Genetic mutation testing for ABL1, ASXL1, CALR, CEBPA, FLT3, IDH1, IDH2, KIT, NPM1, RUNX1, and/or TP53 genes may inform the diagnostic, prognostic, and treatment selection processes for select myeloid neoplasms and leukemias (acute or chronic).

MEDICAL POLICY CRITERIA

Notes:

- This policy does not address testing for BCR/ABL1 (t(9;22)) translocation analysis (i.e., CPT codes 81206-8 and 0016U), JAK2 (i.e., CPT codes 0017U, 0027U, and 81270), or MPL which may be considered medically necessary.
- Please refer to the Cross References section below for genetic testing not addressed in this policy, including but not limited to single-gene testing.

I. BCR-ABL kinase domain (ABL1)
   A. Genetic testing for ABL1 may be considered medically necessary to evaluate patients when either of the following (1. or 2.) are met:
      1. In patients with chronic myelogenous (myeloid) leukemia (CML), to monitor response to tryosine kinase inhibitor therapy, when either of the following (a. or b.) are met: (See Policy Guidelines)
a. In chronic phase, when there is failure to reach response milestones; or when there is any sign of loss of response (defined as hematologic or cytogenetic relapse); or when there is 1-log increase in BCR-ABL1 transcript levels and loss of major molecular response (MMR); OR

b. When there is progression of the disease to the accelerated or blast phase.

2. In patients with Philadelphia chromosome-positive acute lymphoblastic leukemia (Ph+ ALL), to evaluate for tyrosine kinase inhibitor resistance when there is an inadequate initial response to treatment or any sign of loss of response. (See Policy Guidelines)

B. Genetic testing for ABL1 is considered investigational for all other circumstances, including but not limited to monitoring, management, or selecting treatment for patients with any condition.

II. ASXL1, CALR, IDH1, IDH2 and/or TP53

A. Genetic testing for ASXL1, CALR, IDH1, IDH2 and/or TP53 variants may be considered medically necessary when clinical, laboratory, or pathological findings suggest a myeloid neoplasm or leukemia, but a diagnosis is uncertain.

B. Genetic testing for ASXL1, CALR, IDH1, IDH2 and/or TP53 variants may be considered medically necessary for evaluation in patients with a myeloid neoplasm or leukemia.

C. Genetic testing for ASXL1, CALR, IDH1, IDH2 and TP53 variants is considered investigational for all other circumstances.

III. CEBPA, FLT3, KIT, NPM1, and/or RUNX1 for Acute Myeloid Leukemia

A. Genetic testing for CEBPA, FLT3 internal tandem duplication (FLT3-ITD), KIT, NPM1 and/or RUNX1 variants may be considered medically necessary when either of the following (1. or 2.) are met:

1. Evaluation for acute leukemia, or


B. Genetic testing of FLT3-ITD and FLT3 tyrosine kinase domain (FLT3-TKD) variants may be considered medically necessary for patients with newly diagnosed acute myeloid leukemia for treatment selection with FDA-approved kinase inhibitors (See Policy Guidelines).

C. Genetic testing for a CEBPA, FLT3, KIT, NPM1, and/or RUNX1 variant associated with acute myeloid leukemia is considered investigational for all other circumstances.

NOTE: A summary of the supporting rationale for the policy criteria is at the end of the policy.

POLICY GUIDELINES

SUBMISSION OF DOCUMENTATION

In order to determine the clinical utility of gene test(s), all of the following information must be
submitted for review. If any of these items are not submitted, it could impact our review and decision outcome:

1. Name of the genetic test(s) or panel test
2. Name of the performing laboratory and/or genetic testing organization (more than one may be listed)
3. The exact gene(s) and/or mutation(s) being tested
4. Relevant billing codes
5. Brief description of how the genetic test results will guide clinical decisions that would not otherwise be made in the absence testing
6. Medical records related to this genetic test:
   - History and physical exam including any relevant diagnoses related to the genetic testing
   - Conventional testing and outcomes
   - Conservative treatments, if any

Strategies for testing may include testing for individual genes or in combination, such as in a panel.

**BCR-ABL KINASE DOMAIN MUTATION ANALYSIS**

**Chronic Myelogenous (Myeloid) Leukemia**

In chronic phase CML, following primary treatment, National Comprehensive Cancer Network Guidelines for Chronic Myeloid Leukemia (v3.2018) response milestones are defined at 3-, 6-, 12-, and >12-months for BCR-ABL1 measurements according to the International Scale (IS). Measurements are expressed as ratios, which correspond to the percent ratio between BCR-ABL1 and the endogenous control transcript.

Accelerated or blast phase CML are defined by hematologic, cytogenetic, and/or response-to-tyrosine kinase inhibitor (TKI) criteria.

**Philadelphia Chromosome-positive Acute Lymphoblastic Leukemia**

Unlike in CML, resistance in ALL to TKIs is less well studied. In patients with ALL that are receiving a TKI, a rise in the BCR-ABL level while in hematologic complete response or clinical relapse warrants genetic analysis.

**FLT3 TESTING FOR TREATMENT WITH RYDAPT® (MIDOSTAURIN)**

For patients who have newly diagnosed acute myeloid leukemia, eligibility for Rydapt® (midostaurin) may be guided by testing with the LeukoStrat® CDx FLT3 Mutation Assay offered by Invivoscribe.

**IDH2 TESTING FOR TREATMENT WITH IDHIFA® (ENASIDENIB)**

For patients who have relapsed or refractory acute myeloid leukemia, eligibility for Idhifa® (enasidenib) may be guided by testing with Abbott RealTime IDH2 (Abbott Molecular, Inc.).

**CROSS REFERENCES**

1. Genetic Testing for Hereditary Breast and/or Ovarian Cancer, Genetic Testing, Policy No. 02
2. Genetic Testing for α-Thalassemia, Genetic Testing, Policy No. 19
BACKGROUND

DIAGNOSING MYELOID NEOPLASMS AND ACUTE LEUKEMIA

Myeloid neoplasms may be acute or chronic, are a type of hematologic malignancy, and usually derive from bone marrow progenitor cells that normally develop into erythrocytes, granulocytes (neutrophils, basophils, and eosinophils), monocytes, or megakaryocytes. Classification of myeloid neoplasms and acute leukemias has evolved over the past decade, based in part on the advancement of available technologies and results from repeat validation studies.

In recent history, diagnosis of the various forms of myeloid neoplasms has been based on a complex set of clinical, pathological, and biological criteria first introduced by the Polycythemia Vera Study Group (PVSG) in 1996[3,4] and the World Health Organization (WHO) in 2001.[5] Both of these classifications use a combination of clinical, pathological, and/or biological criteria to arrive at a definitive diagnosis, predominantly reliant on status of Philadelphia chromosome presence. An important component of the diagnostic process is a clinical and laboratory assessment to rule out reactive or secondary causes of disease. Some diagnostic methods (e.g., bone marrow microscopy) are not well standardized and others (e.g., endogenous erythroid colony formation) are neither standardized nor widely available.[6-8] Diagnosis and monitoring of patients with Philadelphia chromosome negative myeloid neoplasms poses a challenge because many of the laboratory and clinical features of these diseases can be mimicked by other conditions such as reactive or secondary erythrocytosis, thrombocytosis or myeloid fibrosis. In addition, these entities can be difficult to distinguish on morphological bone marrow exam and diagnosis can be complicated by changing disease patterns.

The most up-to-date classification and benchmark for diagnosis is a result of collaboration between the Society for Hematopathology and the European Association for Haematopathology, and is published by the World Health Organization (WHO).[2,9] The 2016 version is the fourth edition published by the WHO for classification of tumors of the hematopoietic and lymphoid tissues. This edition varies from the previous WHO versions predominantly due to advances in available technologies to identify unique biomarkers associated with myeloid neoplasms and acute leukemias. The current classification of myeloid neoplasm and acute leukemia subgroups are delineated in Table 1.

Table 1. WHO myeloid neoplasm and acute leukemia classification[2]

<table>
<thead>
<tr>
<th>WHO myeloid neoplasm and acute leukemia classification</th>
<th>WHO myeloid neoplasm and acute leukemia classification</th>
</tr>
</thead>
<tbody>
<tr>
<td>Myeloproliferative neoplasms (MPN)</td>
<td>PMF, prefibrotic/early stage</td>
</tr>
<tr>
<td>Chronic myeloid leukemia (CML), BCR-ABL1+</td>
<td>PMF, overt fibrotic stage</td>
</tr>
<tr>
<td>Chronic neutrophilic leukemia (CNL)</td>
<td>Essential thrombocytopenia (ET)</td>
</tr>
<tr>
<td>Polycythemia vera (PV)</td>
<td>Chronic eosinophilic leukemia, not otherwise specified</td>
</tr>
<tr>
<td>Primary myelofibrosis (PMF)</td>
<td>(NOS)</td>
</tr>
</tbody>
</table>

GT59 | 4
WHO myeloid neoplasm and acute leukemia classification

MPN, unclassifiable
Mastocytosis

Myeloid/lymphoid neoplasms with eosinophilia and rearrangement of PDGFRα, PDGFRβ, or FGFR1, or with PCM1-JAK2

Myeloid/lymphoid neoplasms with PDGFRα rearrangement
Myeloid/lymphoid neoplasms with PDGFRβ rearrangement
Myeloid/lymphoid neoplasms with FGFR1 rearrangement
Provisional entity: Myeloid/lymphoid neoplasms with PCM1-JAK2

Myelodysplastic/myeloproliferative neoplasms (MDS/MPN)

Chronic myelomonocytic leukemia (CMML)
Atypical chronic myeloid leukemia (aCML), BCR-ABL1
Juvenile myelomonocytic leukemia (JMML)
MDS/MPN with ring sideroblasts and thrombocytosis (MDS/MPN-RS-T)
MDS/MPN, unclassifiable

Myelodysplastic syndromes (MDS)

MDS with single lineage dysplasia
MDS with ring sideroblasts (MDS-RS)
MDS-RS and single lineage dysplasia
MDS-RS and multilineage dysplasia
MDS with multilineage dysplasia
MDS with excess blasts
MDS with isolated del(5q)
MDS, unclassifiable

Provisional entity: Refractory cytopenia of childhood

Myeloid neoplasms with germ line predisposition

Acute myeloid leukemia (AML) and related neoplasms

AML with recurrent genetic abnormalities
AML with t(8;21)(q22;q22.1);RUNX1-RUNX1T1
AML with inv(16)(p13.1q22) or t(16;16)(p13.1;q22);CBFB-MYH11
APL with PML-RARA
AML with t(9;11)(p21.3;q23.3);MLLT3-KMT2A
AML with t(6;9)(p23;q34.1);DEK-NUP214
AML with inv(3)(q21.3q26.2) or t(3;3)(q21.3q26.2);
GATA2, MECOM
AML (megakaryoblastic) with t(1;22)(p13.3;q13.3);RBM15-MKL1
Provisional entity: AML with BCR-ABL1
AML with mutated NPM1
AML with biallelic mutations of CEBPA
Provisional entity: AML with mutated RUNX1
AML with myelodysplasia-related changes
Therapy-related myeloid neoplasms

WHO myeloid neoplasm and acute leukemia classification

AML, NOS
AML with minimal differentiation
AML without maturation
AML with maturation
Acute myelomonocytic leukemia
Acute monoblastic/monocytic leukemia
Pure erythroid leukemia
Acute megakaryoblastic leukemia
Acute basophilic leukemia
Acute panmyelosis with myelofibrosis

Myeloid sarcoma
Myeloid proliferations related to Down syndrome
Transient abnormal myeloipoiesis (TAM)
Myeloid leukemia associated with Down syndrome

Blastic plasmacytoid dendritic cell neoplasm

Acute leukemias of ambiguous lineage

Acute undifferentiated leukemia
Mixed phenotype acute leukemia (MPAL) with t(9;22)(q34.1;q11.2); BCR-ABL1
MPAL with t(v;11q23.3); KMT2A rearranged
MPAL, B/myeloid, NOS
MPAL, T/myeloid, NOS

B-lymphoblastic leukemia/lymphoma

B-lymphoblastic leukemia/lymphoma, NOS
B-lymphoblastic leukemia/lymphoma with recurrent genetic abnormalities
B-lymphoblastic leukemia/lymphoma with t(9;22)(q34.1;q11.2); BCR-ABL1
B-lymphoblastic leukemia/lymphoma with t(v;11q23.3); KMT2A rearranged
B-lymphoblastic leukemia/lymphoma with t(12;21)(p13.2;q22.1); ETV6-RUNX1
B-lymphoblastic leukemia/lymphoma with hyperdiploidy
B-lymphoblastic leukemia/lymphoma with hypodiploidy
B-lymphoblastic leukemia/lymphoma with t(5;14)(q31.1;q32.3); IGH-IL3
B-lymphoblastic leukemia/lymphoma with t(1;19)(q23;p13.3); TCF3-PBX1
Provisional entity: B-lymphoblastic leukemia/lymphoma, BCR-ABL1−like
Provisional entity: B-lymphoblastic leukemia/lymphoma with iAMP21

T-lymphoblastic leukemia/lymphoma

Provisional entity: Early T-cell precursor lymphoblastic leukemia

Provisional entity: Natural killer (NK) cell lymphoblastic leukemia/lymphoma

It is important to note that the presence of any one or more of the gene variants included in this policy in itself may not be sufficient to confirm a diagnosis, rather, testing may help support other clinical, laboratory, or pathological findings.
TREATMENT MONITORING

The paradigm for use of molecular information to revolutionize patient management is CML. A unique chromosomal change (the Philadelphia chromosome) and an accompanying unique gene rearrangement (BCR-ABL) resulting in a continuously activated tyrosine kinase enzyme were identified. These led to the development of a targeted tyrosine kinase inhibitor drug therapy (imatinib) that produces long-lasting remissions.

REGULATORY STATUS

More than a dozen commercial laboratories currently offer a wide variety of diagnostic procedures for gene mutation testing related to myeloid neoplasms and acute lymphoblastic leukemia. These tests are available as laboratory developed procedures under the U.S. Food and Drug Administration (FDA) enforcement discretion policy for laboratory developed tests (LDTs). Clinical laboratories may develop and validate tests in-house and market them as a laboratory service; LDTs must meet the general regulatory standards of Clinical Laboratory Improvement Act (CLIA) and laboratories that offer LDTs must be licensed by CLIA for high-complexity testing. To date, FDA does not require regulatory review of LDTs.

The FDA Centers for Devices and Radiological Health (CDRH), for Biologics Evaluation and Research (CBER), and for Drug Evaluation and Research (CDER) developed a draft guidance on in vitro companion diagnostic devices, which was released on July 14, 2011,[10] to address the “emergence of new technologies that can distinguish subsets of populations that respond differently to treatment.” As stated, the FDA encourages the development of treatments that depend on the use of companion diagnostic devices “when an appropriate scientific rationale supports such an approach.” In such cases, the FDA intends to review the safety and effectiveness of the companion diagnostic test as used with the therapeutic treatment that depends on its use. The rationale for co-review and approval is the desire to avoid exposing patients to preventable treatment risk.

The LeukoStrat® CDx FLT3 Mutation Assay offered by Invivoscribe. According to Invivoscribe, the test is indicated at initial diagnosis of AML to determine eligibility for Rydapt® (midostaurin), and may also be used for risk stratification.[11] The assay includes internal tandem duplication mutation testing for FLT3 as well as mutations in the tyrosine kinase domain. Rydapt® (midostaurin) is an FDA-approved kinase inhibitor, indicated for adult patients, in combination with standard cytarabine and daunorubicin induction and cytarabine consolidation.[12] The assay is an FDA-approved companion diagnostic test for use with Rydapt® (midostaurin) and therefore may be standard of care in screening patients for use with this specific kinase inhibitor.

Abbott RealTime IDH2 is an in vitro polymerase chain reaction (PCR) assay for the qualitative detection of single nucleotide variants (SNVs) in the human isocitrate dehydrogenase-2 (IDH2) gene. The test aids in identifying acute myeloid leukemia patients for treatment with Idhifa® (enasidenib). Enasidenib is an oral medication used to treat patients with AML when the disease recurs after, or does not respond to front-line therapies. The Abbott RealTime IDH2 assay received FDA premarket approval in August 2017.

EVIDENCE SUMMARY

Human Genome Variation Society (HGVS) nomenclature is used to describe variants found in DNA and serves as an international standard.[13] It is being implemented for genetic testing
medical evidence review updates starting in 2017. According to this nomenclature, the term “variant” is used to describe a change in a DNA or protein sequence, replacing previously-used terms, such as “mutation.” Pathogenic variants are variants associated with disease, while benign variants are not. The majority of genetic changes have unknown effects on human health, and these are referred to as variants of uncertain significance.

Validation of the clinical use of any genetic test focuses on three main principles:

1. The analytic validity of the test, which refers to the technical accuracy of the test in detecting a variant that is present or in excluding a variant that is absent;
2. The clinical validity of the test, which refers to the diagnostic performance of the test (sensitivity, specificity, positive and negative predictive values) in detecting clinical disease; and
3. The clinical utility of the test, i.e., how the results of the diagnostic test will be used to change management of the patient and whether these changes in management lead to clinically important improvements in health outcomes.

The focus of this review is on evidence related to the ability of test results to:

- Guide decisions in the clinical setting related to either treatment, management, or prevention, and
- Improve health outcomes as a result of those decisions.

**BCR-ABL1 (ABL1) KINASE DOMAIN ANALYSIS IN CML AND ALL**

**ABL1 Variants for CML**

Screening for BCR-ABL1 kinase domain point mutations (i.e. single nucleotide polymorphisms) in chronic phase CML is recommended for patients with inadequate initial response to TKI treatment, those with evidence of loss of response, and for patients who have progressed to accelerated or blast phase CML.[3] The focus of the following discussion is on kinase domain point mutations and treatment outcomes in systematic reviews.

**Systematic Reviews**

In 2010, the Agency for Healthcare Research and Quality published a systematic review on BCR-ABL1 pharmacogenetic testing for tyrosine kinase inhibitors in CML.[14] Thirty-one publications of BCR-ABL1 testing met the eligibility criteria and were included in the review (20 of dasatinib, 7 of imatinib, 3 of nilotinib, and 1 with various TKIs). The report concluded that the presence of any BCR-ABL1 mutation does not predict differential response to TKI therapy, although the presence of the T315I mutation uniformly predicts TKI failure. However, during the public comment period the review was strongly criticized by respected pathology organizations for lack of attention to several issues that were subsequently insufficiently addressed in the final report. Importantly, the review grouped together studies that used kinase domain mutation screening methods with those that used targeted methods, and grouped together studies that used mutation detection technologies with very different sensitivities. The authors dismissed the issues as related to analytic validity and beyond the scope of the report. However, in this clinical scenario assays with different intent (screening vs. targeted) and assays of very different sensitivities may lead to different clinical conclusions, so an understanding of these points is critical.
Branford summarized much of the available evidence regarding kinase domain mutations detected at imatinib failure, and subsequent treatment success or failure with dasatinib or nilotinib. The T315I mutation was most common; although about 100 mutations have been reported, the 7 most common (at residues T315, Y253, E255, M351, G250, F359, and H396) accounted for 60-66% of all mutations. However, preexisting or emerging mutations T315A, F317L/I/V/C, and V299L are associated with decreased clinical efficacy with dasatinib treatment following imatinib failure. Detection of the T315I mutation at imatinib failure is associated with lack of subsequent response to high-dose imatinib, or to dasatinib or nilotinib. For these patients, allogeneic stem-cell transplantation remained the only available treatment until the advent of new agents such as ponatinib. However these mutations do not correspond to clinical significance, and based on clinical studies, the majority of imatinib-resistant mutations remain sensitive to dasatinib and nilotinib.

Preexisting or emerging mutations T315A, F317L/I/V/C, and V299L are associated with decreased clinical efficacy with dasatinib treatment following imatinib failure. Similarly, preexisting or emerging mutations Y253H, E255K/V, and F359V/C have been reported for decreased clinical efficacy with nilotinib treatment following imatinib failure. In the survey reported by Branford, a total of 42% of patients tested had T315I or one of these dasatinib- or nilotinib-resistant mutations. In the absence of any of these actionable mutations, various treatment options are available. Note that these data have been obtained from studies in which patients were all initially treated with imatinib; no data are available regarding mutations developing during first-line therapy with dasatinib or nilotinib.

**ABL1 Variants for ALL**

Unlike in CML, resistance in ALL to TKIs is less well studied. Resistance does not necessarily arise from dominant tumor clone(s), but possibly in response to TKI-driven selective pressure and/or by competition of other coexisting subclones. In patients with ALL that are receiving a TKI, a rise in the BCR-ABL level while in hematologic CR or clinical relapse warrants mutational analysis.

**DIAGNOSES AND PROGNOSIS IN MYELOID NEOPLASMS AND LEUKEMIA**

Testing for the ASXL1, CALR, IDH1, IDH2 and TP53 is required to meet WHO diagnostic criteria for patients with all of the most common Philadelphia chromosome-negative MPNs. It is important to note that the 2008 WHO revision represents expert consensus and is not based on independent validation of the 2008 criteria compared to earlier diagnostic criteria or on clinical outcomes. However, the most recent revisions to the WHO criteria (2016) are heavily based on repeat validation studies. The following evidence highlights the diagnostic and prognostic significance of ASXL1, CALR, IDH1, IDH2 and TP53 as specified by WHO diagnostic criteria and NCCN guidelines.

**ASXL1**

For chronic myelomonocytic leukemia (CMML), ASXL1 is amongst the most frequently mutated genes, observed in 40-50% of CMML patients. ASXL1 is also reported to be associated with chromatin modification in MPNs, including polycythemia vera, as well as pre- and overt primary myelofibrosis.

**CALR**
Evidence for CALR demonstrates that a significant proportion of patients with myeloproliferative neoplasms and normal JAK2V617F status have a CALR variant.[23-25] Mutations in exon 9 of CALR are found in 20-35% of all patients with ET and myelofibrosis (MF). Fifty-two base pair deletions (Type 1) and five base pair insertions (Type 2) are the most common.

It is suggested that ET patients with CALR mutations have lower polycythemic transformation rates, but not lower myelofibrotic transformation rate, compared with ET patients harboring a JAK2 variant. Chen (2014) reported a higher platelet count, younger age of diagnosis, lower leukocyte count, and decreased risk for thrombosis, compared with a JAK2 positive ET population.[26] In 2014, Tefferi reported survival and blast transformation in PMF were significantly affected by mutational status, though not in ET.[27] The outcome was best in CALR-mutated patients and worst in JAK2/CALR/MPL negative PMF patients. CALR-mutated ET has also been associated with better thrombosis-free survival and lower leukocyte counts. However, overall survival has been reported as not different among CALR mutated and non-mutated ET.[28,29]

**IDH1/2**

For PMF and ET, WHO criteria specify IDH1/2 (as well as others, including ASXL1) as having diagnostic significance for those without JAK2, CALR, and MPL mutations. In myeloproliferative neoplasms, IDH1 and IDH2 mutations are amongst a growing number of higher-risk molecular markers. Both are associated with shorter overall survival and leukemia-free survival in patients with PMF and polycythemia vera.[22,30] In a study of the prognostic significance of ASXL1, EZH2, SRSF2, IDH1 and IDH2, Vannucchi analyzed samples from 897 PMF patients (European patients = 483; Mayo clinical validation cohort = 396). Median survival was significantly shorter (81 vs 148 months; p < .0001) in PMF patients with at least one of the genes.

**TP53**

Similar to IDH1/2 described above, for PMF, TP53 is associated with leukemic transformation, which is a common risk amongst patients with myeloproliferative neoplasms.[31] Furthermore, TP53 is associated with inferior leukemia-free survival in those with essential thrombocytemia. This progression is associated with poor clinical outcomes and resistance to standard AML therapies. Thus, tumor protein p53 (TP53) variants have also been analyzed to subdivide AML into prognostic subsets (see below). Additionally, TP53 variants have been identified as one of the most common molecular abnormalities associated with myelodysplastic syndromes, and may aid in diagnosis.[32-34]

**Acute Myeloid Leukemia**

Acute myeloid leukemia (AML) is a group of diverse hematologic malignancies characterized by the clonal expansion of myeloid blasts in the bone marrow, blood, and/or other tissues. It is the most common type of leukemia in adults, and is generally associated with a poor prognosis. It was estimated that, in 2014, 18,860 people would be diagnosed with AML and 10,460 would die of the disease. Median age at diagnosis is 66 years, with approximately 1 in 3 patients diagnosed at 75 years of age or older.[35]

**Diagnosis and Prognosis of AML**
Conventional cytogenetic analysis (karyotyping) is considered to be a mandatory component in the diagnostic evaluation of a patient with suspected acute leukemia, because the cytogenetic profile of the tumor is considered to be the most powerful predictor of prognosis in AML and is used to guide the current risk-adapted treatment strategies. Molecular variants including those in CCAAT/enhancer-binding protein alpha (CEBPA); FMS-like tyrosine kinase 3 (FLT3); the tyrosine kinase receptor, KIT; nucleophosmin (NPM1); Runt-related transcription factor 1 (RUNX1), and tumor protein p53 (TP53) genes have been analyzed to subdivide AML into prognostic subsets. (See Table 2.) Patients with better-prognosis disease (for example, core-binding factor AML) based on cytogenetics, and a mutation in the c-KIT gene of leukemic blast cells, do just as poorly with postremission standard chemotherapy as patients with cytogenetically poor-risk AML.[36] Similarly, individuals with cytogenetically normal AML (intermediate-prognosis disease) can be subcategorized into groups with better or worse prognosis based on the mutational status of the NPM1 and the FLT3 gene. Thus, patients with mutations in NPM1 but without FLT3-ITD have postremission outcomes with standard chemotherapy that are similar to those with better-prognosis cytogenetics; in contrast, patients with any other combination of mutations in those genes have outcomes similar to those with poor-prognosis cytogenetics.[37] A provisional category of AML with mutated RUNX1 classifies de novo cases which are not associated with MDS-related cytogenetic abnormalities. This distinct group of AML patients also appears to have a worse prognosis than other AML types.[38-41]

The World Health Organization (WHO) classification of AML was adapted by the National Comprehensive Cancer Network (NCCN) to estimate individual patient prognosis to guide management, as shown in Table 2:[42]

Table 2. Risk Status of AML Based on Cytogenetic and Molecular Factors

<table>
<thead>
<tr>
<th>Risk Status</th>
<th>Cytogenetic Factors</th>
<th>Molecular Abnormalities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Favorable-risk</td>
<td>Core binding factor: inv(16) or t(16;16) or</td>
<td>Normal cytogenetics:</td>
</tr>
<tr>
<td></td>
<td>t(8;21) or t(15;17)</td>
<td>NPM1 mutation in the absence of FLT3-ITD or isolated biallelic (double) CEBPA mutation</td>
</tr>
<tr>
<td>Intermediate-risk</td>
<td>Normal cytogenetics +8 alone t(9;11) Other non-defined</td>
<td>Core binding factor with KIT mutation</td>
</tr>
<tr>
<td>Poor-risk</td>
<td>Complex (≥3 clonal chromosomal abnormalities) -5, 5q-, -7, 7q-, 11q23 - non t(9;11) Inv3, t(3;3) t(6;9) t(9;22)</td>
<td>Normal cytogenetics: with FLT3-ITD mutation TP53 mutation</td>
</tr>
</tbody>
</table>

**Systematic Reviews for Molecular Subtypes of AML**

Recent systematic reviews with meta-analyses have highlighted the evolving classification of AML into distinct molecular subtypes based on for CEBPA, FLT3-ITD, KIT, NPM1, and TP53, particularly in patients with normal karyotype.[43-48] These studies support the WHO and NCCN risk status classifications, and additionally highlight the importance of KIT testing in the initial evaluation and for prognosis.
**FLT3-ITD and FLT3-TKD for AML**

The *FLT3* gene encodes a receptor tyrosine kinase involved in hematopoiesis, of which two major activating mutations have been identified in patients with AML: the internal tandem duplications (ITD) and tyrosine kinase domain (TKD) point mutations. While a significant body of literature demonstrates the diagnostic and prognostic value of *FLT3*-ITD testing, *FLT3*-TKD research is controversial. Studies have found presence of *FLT3*-TKD mutations to be associated with shorter disease free survival time and decreased overall survival,[49-52] though other studies have reported no impact on prognosis[37,53-55] and even favorable outcomes with overall survival when compared to those with *FLT3*-wild type[56,57]. Therefore, risk stratification with *FLT3*-TKD warrants additional research in well-designed studies.

**PRACTICE GUIDELINE SUMMARY**

**WORLD HEALTH ORGANIZATION**

Policy criteria are consistent with WHO (2016) diagnostic criteria for myeloid neoplasms and acute leukemia.[2]

**NATIONAL COMPREHENSIVE CANCER NETWORK**

Policy criteria are mostly consistent with NCCN guidelines for Chronic Myeloid Leukemia (v2.2017)[1], Acute Lymphoblastic Leukemia (v2.2016)[58], Acute Myeloid Leukemia (v1.2017)[42], Myelodysplastic Syndromes (v1.2018)[59], and Myeloproliferative Neoplasms (v2.2017)[60].

**SUMMARY**

**BCR-ABL KINASE DOMAIN (**\(*ABL1*)**

In chronic myeloid leukemia, there is enough research to show clinical utility for evaluation of *ABL1* variants for tyrosine kinase inhibitor (TKI) resistance. TKI resistance in acute lymphoblastic leukemia (ALL) has not been studied as well as in CML. However, there is enough research to show *ABL1* genetic testing for evaluation of TKI resistance may lead to an improvement in health outcomes for patients with ALL who are receiving a TKI. Practice guidelines based on research recommend *ABL1* testing for ALL and CML in specific clinical scenarios. Therefore, *ABL1* genetic testing for evaluation of TKI resistance may be considered medically necessary when policy criteria are met. Due to insufficient evidence, evaluation of *ABL1* variants is considered investigational when policy criteria are not met.

**ASXL1, CALR, IDH1, IDH2 AND/OR TP53**

There is enough research on the clinical validation of *ASXL1, CALR, IDH1, IDH2, and TP53* as distinctive markers of patients with several myeloid neoplasms and leukemia. Testing for these genes is recommended in practice guidelines based on research for patients with numerous myeloid neoplasms and leukemia, including but not limited to primary myelofibrosis, polycythemia vera, essential thrombocythemia, chronic myelomonocytic leukemia, and acute myeloid leukemia. Therefore, *ASXL1, CALR, IDH1, IDH2, and/or TP53* genetic testing may be considered medically necessary for diagnosis and evaluation of myeloid neoplasms or leukemia when policy criteria are met. Due to insufficient evidence
and no recommendations from practice guidelines, testing for these genes is considered investigational when policy criteria are not met.

**CEBPA, FLT3, KIT, NPM1, AND/OR RUNX1 FOR ACUTE MYELOID LEUKEMIA**

There is enough research to know that evaluation of CEBPA, FLT3 internal tandem duplication (FLT3-ITD), KIT, NPM1, and/or RUNX1 genetic variants inform the diagnostic process for acute leukemia. These genes are also important molecular markers for risk stratification for patients with acute myeloid leukemia (AML). Policy criteria are in alignment with practice guidelines based on research which recommend testing for these markers. There is less research to support genetic testing for FLT3 tyrosine kinase domain (FLT3-TKD). It is unclear if FLT3-TKD testing impacts overall health outcomes. However, both FLT3-ITD and FLT3-TKD are included in at least one FDA-approved companion diagnostic test. Therefore, genetic testing for CEBPA, FLT3, KIT, NPM1, and/or RUNX1 may be considered medically necessary for select patients when policy criteria are met. Due to insufficient evidence and no recommendations from practice guidelines, testing for these genes is considered investigational when policy criteria are not met.

**REFERENCES**


<table>
<thead>
<tr>
<th>Codes</th>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>CPT</td>
<td>0016U</td>
<td>Oncology (hematolymphoid neoplasia), RNA, BCR/ABL1 major and minor breakpoint fusion transcripts, quantitative PCR amplification, blood or bone marrow, report of fusion not detected or detected with quantitation</td>
</tr>
<tr>
<td></td>
<td>0023U</td>
<td>Oncology (acute myelogenous leukemia), DNA, genotyping of internal tandem duplication, p.D835, p.I836, using mononuclear cells, reported as detection or non-detection of FLT3 mutation and indication for or against the use of midostaurin</td>
</tr>
<tr>
<td></td>
<td>81120</td>
<td>IDH1 (isocitrate dehydrogenase 1 [NADP+], soluble) (eg, glioma), common variants (eg, R132H, R132C)</td>
</tr>
<tr>
<td></td>
<td>81121</td>
<td>IDH2 (isocitrate dehydrogenase 2 [NADP+], mitochondrial) (eg, glioma), common variants (eg, R140W, R172M)</td>
</tr>
<tr>
<td></td>
<td>81170</td>
<td>ABL1 (ABL proto-oncogene 1, non-receptor tyrosine kinase) (eg, acquired imatinib tyrosine kinase inhibitor resistance), gene analysis, variants in the kinase domain</td>
</tr>
<tr>
<td></td>
<td>81175</td>
<td>ASXL1 (additional sex combs like 1, transcriptional regulator) (eg, myelodysplastic syndrome, myeloproliferative neoplasms, chronic myelomonocytic leukemia), gene analysis; full gene sequence</td>
</tr>
<tr>
<td></td>
<td>81176</td>
<td>ASXL1 (additional sex combs like 1, transcriptional regulator) (eg, myelodysplastic syndrome, myeloproliferative neoplasms, chronic...</td>
</tr>
<tr>
<td>Code</td>
<td>Description</td>
<td></td>
</tr>
<tr>
<td>--------</td>
<td>----------------------------------------------------------------------------------------------------------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>81218</td>
<td>CEBPA (CCAAT/enhancer binding protein [C/EBP], alpha) (eg, acute myeloid leukemia), gene analysis, full gene sequence</td>
<td></td>
</tr>
<tr>
<td>81219</td>
<td>CALR (calreticulin) (eg, myeloproliferative disorders), gene analysis, common variants in exon 9</td>
<td></td>
</tr>
<tr>
<td>81245</td>
<td>FLT3 (fms-related tyrosine kinase 3) (eg, acute myeloid leukemia), gene analysis; internal tandem duplication (ITD) variants (ie, exons 14, 15)</td>
<td></td>
</tr>
<tr>
<td>81246</td>
<td>FLT3 (fms-related tyrosine kinase 3) (eg, acute myeloid leukemia), gene analysis; tyrosine kinase domain (TKD) variants (eg, D835, I836)</td>
<td></td>
</tr>
<tr>
<td>81272</td>
<td>KIT (v-kit Hardy-Zuckerman 4 feline sarcoma viral oncogene homolog) (eg, gastrointestinal stromal tumor [GIST], acute myeloid leukemia, melanoma), gene analysis, targeted sequence analysis (eg, exons 8, 11, 13, 17, 18)</td>
<td></td>
</tr>
<tr>
<td>81273</td>
<td>KIT (v-kit Hardy-Zuckerman 4 feline sarcoma viral oncogene homolog) (eg, mastocytosis), gene analysis, D816 variant(s)</td>
<td></td>
</tr>
<tr>
<td>81310</td>
<td>NPM1 (nucleophosmin) (eg, acute myeloid leukemia) gene analysis, exon 12 variants</td>
<td></td>
</tr>
<tr>
<td>81334</td>
<td>RUNX1 (runt related transcription factor 1) (eg, acute myeloid leukemia, familial platelet disorder with associated myeloid malignancy), gene analysis, targeted sequence analysis (eg, EXONS 3-8)</td>
<td></td>
</tr>
<tr>
<td>81401</td>
<td>Molecular pathology procedure, Level 2 - which includes ABL1 (ABL proto oncogene 1, non-receptor tyrosine kinase) (eg, acquired imatinib resistance), T315I variant</td>
<td></td>
</tr>
<tr>
<td>81402</td>
<td>Molecular pathology procedure, Level 3 (eg, &gt;10 SNPs, 2-10 methylated variants, or 2-10 somatic variants [typically using non-sequencing target variant analysis], immunoglobulin and T-cell receptor gene rearrangements, duplication/deletion variants 1 exon)</td>
<td></td>
</tr>
<tr>
<td>81403</td>
<td>Molecular pathology procedure, Level 4 (eg, analysis of single exon by DNA sequence analysis, analysis of &gt;10 amplicons using multiplex PCR in 2 or more independent reactions, mutation scanning or duplication/deletion variants of 2-5 exons)</td>
<td></td>
</tr>
</tbody>
</table>

**HCPCS None**

*Date of Origin: August 2010*