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## Clinical Practice Guideline

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# *Treatment for Diabetes in Adults*

**Revised / Effective:** December 2022

**Next Review:** October 2024

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## RECOMMENDATION SUMMARY

The health plan supports the recommendations of the Department of Veterans Affairs and Department of Defense (VA/DoD) for the treatment and care of adults with diabetes (age 18 years and older).

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## REFERENCE

Department of Veterans Affairs and Department of Defense Clinical Practice Guideline. *Clinical Practice Guideline for the Management of Type 2 Diabetes Mellitus in Primary Care*. Version 5.0 – 2017.

Available at:

<https://www.healthquality.va.gov/guidelines/CD/diabetes/VADoDDMCPGFinal508.pdf>.

## POSITION STATEMENT

The VA/DoD guidelines are supported by the health plan because they are based on scientific evidence, and where evidence is lacking, on panel consensus judgment. The guideline reflect the current standard of care.

- The panel members are recognized experts practicing in a variety of professional settings.
- Recommendations are based on a well-defined, comprehensive scientific literature search.
- Methods used to select appropriate evidence are well defined.
- The methods used to critically appraise the evidence supporting guideline recommendations are transparent.
- The guideline clearly state the strength of the evidence on which recommendations are based on.

- Financial disclosures/potential conflicts of interest for panel members are addressed in the guideline.
- Development of this report was entirely funded by the VA/DoD.

## PLAN RESOURCES

Some health plan members may be eligible for participation in the diabetes disease management program. Please check benefits for eligibility. In addition, diabetes educational materials are included on the health plan website.

## GUIDELINE ADOPTION AND RECOMMENDED USE

This guideline has been adopted based on nationally and locally recognized sources. This guideline is based on the most recent medical evidence at the time of the report or on a consensus of panel experts. The health plan adopts guidelines to help practitioners and members make decisions about appropriate health care for specific conditions. Guidelines are not a substitute for professional medical advice.

## BENEFIT DETERMINATION

Benefit determinations should be based in all cases on the applicable contract coverage. To the extent that there are any conflicts between these guidelines and the contract language, the contract language takes precedence.

*Date of Origin: April 1998*