

Supplement to MCG™ Discharge Criteria for Residential Treatment

Effective: July 14, 2018

Next Review: March 2019

Last Review: March 2018

IMPORTANT REMINDER

Medical Policies are developed to provide guidance for members and providers regarding coverage in accordance with contract terms. Benefit determinations are based in all cases on the applicable contract language. To the extent there may be any conflict between the Medical Policy and contract language, the contract language takes precedence.

PLEASE NOTE: Contracts exclude from coverage, among other things, services or procedures that are considered investigational or cosmetic. Providers may bill members for services or procedures that are considered investigational or cosmetic. Providers are encouraged to inform members before rendering such services that the members are likely to be financially responsible for the cost of these services.

MCG™ CARE GUIDELINES

The health plan uses MCG (formerly Milliman Care Guidelines) per licensed agreement, as the basis for determining medical necessity for Mental Health and Substance-Related Disorders. This policy provides additional clarification to the residential discharge criteria as outlined below.

These clarifications are ancillary information intended to be used as supplements to the MCG residential treatment guidelines; they are not intended to replace MCG guidelines. The health plan's supplemental criteria are identified through the use of *blue italic text*.

SUPPLEMENT TO MCG RESIDENTIAL DISCHARGE GUIDELINES

- I The supplemental residential discharge criteria in *blue italic text* below applies to the following MCG guidelines:
 - Anorexia Nervosa: Residential Care, ORG: B-001-RES (BHG)

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- Anxiety Disorders (excluding Posttraumatic Stress Disorder): Residential Care, ORG: B-002-RES (BHG)
- Attention-Deficit and Disruptive Behavior Disorders: Residential Care, ORG: B-003-RES (BHG)
- Autism Spectrum Disorders: Residential Care, ORG: B-012-RES
- Bipolar Disorders: Residential Care, ORG: B-004-RES (BHG)
- Bulimia Nervosa, Binge-Eating Disorder, and Other Specified Feeding or Eating Disorders: Residential Care, ORG: B-005-RES (BHG)
- Dementia: Residential Care, ORG: B-007-RES (BHG)
- Major Depressive Disorder: Residential Care, ORG: B-008-RES (BHG) Other
- Other Psychiatric Disorders: Residential Care, ORG: B-010-RES (BHG) Other
- Other Psychotic Disorders: Residential Care, ORG: B-011-RES (BHG) Persistent
- Persistent Depressive Disorder (Dysthymia): Residential Care, ORG: B-009-RES (BHG)
- Posttraumatic Stress Disorder: Residential Care, ORG: B-013-RES (BHG)
- Schizophrenia Spectrum Disorders: Residential Care, ORG: B-014-RES (BHG)

MCG Discharge Criteria:

- Residential care is no longer indicated due to **one or more** of the following:
 - Higher level of care is indicated (eg, patient condition has deteriorated or more intensive supervision is necessary to address clinical needs). Patient (or guardian) refuses treatment

Supplemental Criteria

- *Patient inadequately participates in program*
- *Following 60 days of residential treatment, patient has not made progress despite participation and is judged not likely to improve*

II The supplemental residential discharge criteria in *blue italic text* below applies to the following MCG guideline:

- Substance-Related Disorders: Residential Care, ORG: B-015-RES (BHG)

MCG Discharge Criteria:

- Residential care is no longer indicated due to **one or more** of the following:
 - Higher level of care is indicated (eg, patient condition has deteriorated or more intensive supervision is necessary to address clinical needs). Patient (or guardian) refuses treatment

Supplemental Criteria

- *Patient inadequately participates in program*

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- *Following 30 days of residential treatment, patient has not made progress despite participation and is judged not to have the capacity to resolve his or her problem. In addition, no new problems have been identified that are appropriately treated at the present level of care.*

CROSS REFERENCES

None

REFERENCES

1. American Academy of Child and Adolescent Psychiatry Practice Parameters. [cited 02/23/2018]; Available from: www.aacap.org/index.wv
2. MCG™ - 22nd Edition (formerly Milliman Care Guidelines®). [cited 02/23/2018].
3. American Society of Addiction Medicine (ASAM) Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions, Third Edition. [cited 02/23/2018]; Available from: <http://www.asam.org/publications/the-asam-criteria>

CODES

Codes	Number	Description
CPT	None	
HCPCS	None	

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