**Surface Electromyography (SEMG) Including Paraspinal SEMG**

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**IMPORTANT REMINDER**

The Medicare Advantage Medical Policy manual is not intended to override the member Evidence of Coverage (EOC), which defines the insured’s benefits, nor is it intended to dictate how providers are to practice medicine. Physicians and other health care providers are expected to exercise their medical judgment in providing the most appropriate care for the individual member.

The Medicare Advantage Medical Policies are designed to provide guidance regarding the decision-making process for the coverage or non-coverage of services or procedures in accordance with the member EOC and the Centers of Medicare and Medicaid Services (CMS) policies, when available. In the event of a conflict, applicable CMS policy or EOC language will take precedence over the Medicare Advantage Medical Policy. In the absence of CMS guidance for a requested service or procedure, the health plan may apply their Medical Policy Manual or MCG™ criteria, both of which are developed with an objective, evidence-based process using scientific evidence, current generally accepted standards of medical practice, and authoritative clinical practice guidelines.

Medicare and EOCs exclude from coverage, among other things, services or procedures considered to be investigational, cosmetic, or not medically necessary, and in some cases, providers may bill members for these non-covered services or procedures. Providers are encouraged to inform members in advance when they may be financially responsible for the cost of non-covered or excluded services.

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**DESCRIPTION**

Surface electromyography (SEMG) is a non-invasive, computer-based procedure, most commonly used in an office setting to assess muscle function by recording muscle activity from above the muscle on the skin surface. Unlike needle electromyography (NEMG), SEMG utilizes electrodes that record from a wide muscle area, have a relatively low frequency band, low signal resolution, and are highly susceptible to movement. SEMG has been proposed as a diagnostic tool in patients with various degenerative, neuromuscular or motor control disorders, including, but not limited to, the following: back pain, intervertebral disc disease, soft tissue injury, temporomandibular joint dysfunction (TMJ), bruxism (teeth grinding), nerve root irritation, and scoliosis.

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**MEDICARE ADVANTAGE POLICY CRITERIA**

**Note:** This policy does not address the use of surface EMG as a component of gait analysis. See Medical Policy, Medicine No. 107, *Gait Analysis* for additional gait analysis criteria not specifically addressed in this policy (see Cross References below).
POLICY GUIDELINES

REGULATORY STATUS

SEMG devices approved by the U.S. Food and Drug Administration (FDA) include those that use a single electrode or a fixed array of multiple surface electrodes. Several FDA-approved devices combine SEMG with other types of monitors. Note, the fact a service or procedure has been issued a CPT/HCPCS code or “is FDA approved for a specific indication does not, in itself, make the procedure medically reasonable and necessary.” Medicare contractors evaluate services, procedures, drugs or technology to determine if they may be considered Medicare covered services. (Noridian LCD L35008)

CROSS REFERENCES

Gait Analysis, Medicine, Policy No. M-107

REFERENCES

None

CODING

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<td>CPT</td>
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<td>Unlisted neurological or neuromuscular diagnostic procedure</td>
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*IMPORTANT NOTE: Medicare Advantage medical policies use the most current Medicare references available at the time the policy was developed. Links to Medicare references will take viewers to external websites outside of the health plan’s web control as these sites are not maintained by the health plan.*